

ERASMUS A WEEK IN FRANCE



Les Sambre D'Olonne

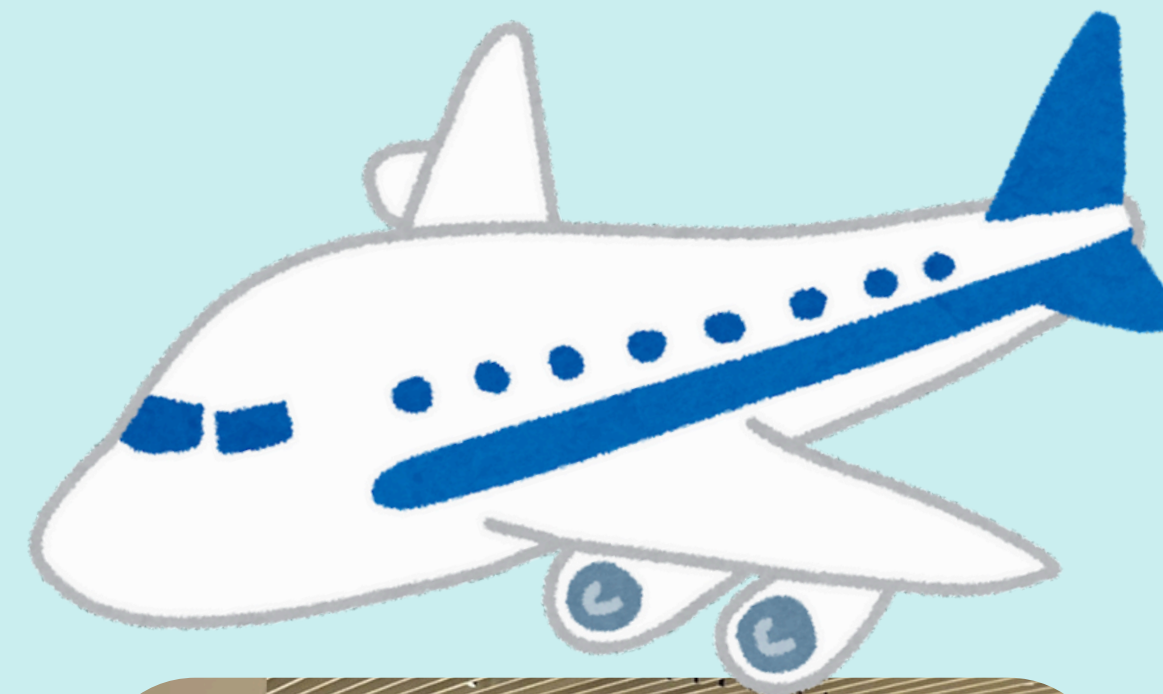


The journey begins from my city Colleferro to Rome airport to reach Nantes together with my friends and my teachers





Waiting for our flight.....

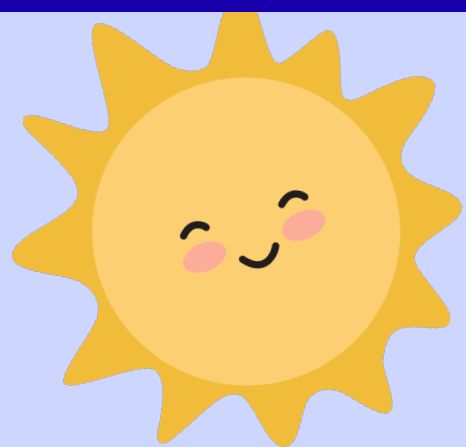


ARRIVED A LES SABLES D'OLONNE



OUR STRUCTURE





MOMENTS OF RELAX



THE PROGRAM

FIRST DAY

8:00 WELCOME TIME IN SCHOOL

09:00 WORK IN GROUP WITH THE FRENCH STUDENTS:

- create a presentation of the project
- create a survey

14:00-16:00 VISIT OF THE CITY OF LES SABLES D'OLONNE

SECOND DAY

08:00-12:00 BEACH CLEAN-UP AT LA PARACOU

Afternoon: TRADITIONAL GAMES EITHER ON THE BEACH OR IN PARK

THIRD DAY

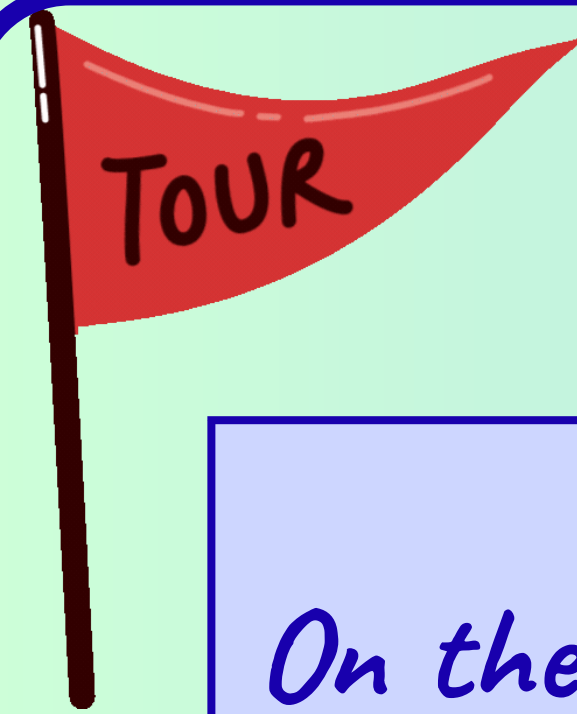
08:00-09:00 PROJECT PRESENTATION

09:00-10:30 PLASTIC PLANET PROJECT PRESENTATION IN FRENCH AND ENGLISH

10:30-12:00 WORK IN GROUP TO EXCHANGE ABOUT OUR DIFFERENT SCHOOL SYSTEMS

13:00-16:00 SURF ACTIVITY IMPACT OF POLLUTION

17:00-19:00 POTLUCK IN SCHOOL SO WE CAN DISCOVER DIFFERENT FOODS



TOUR

FIRST DAY

On the first day, after breakfast, we used public transportation to get to "College Pierre Mauger" After a welcome, we began to get to know our new French classmates, introduced ourselves, and began some group work.

At 1:00 PM, we all had a picnic together.

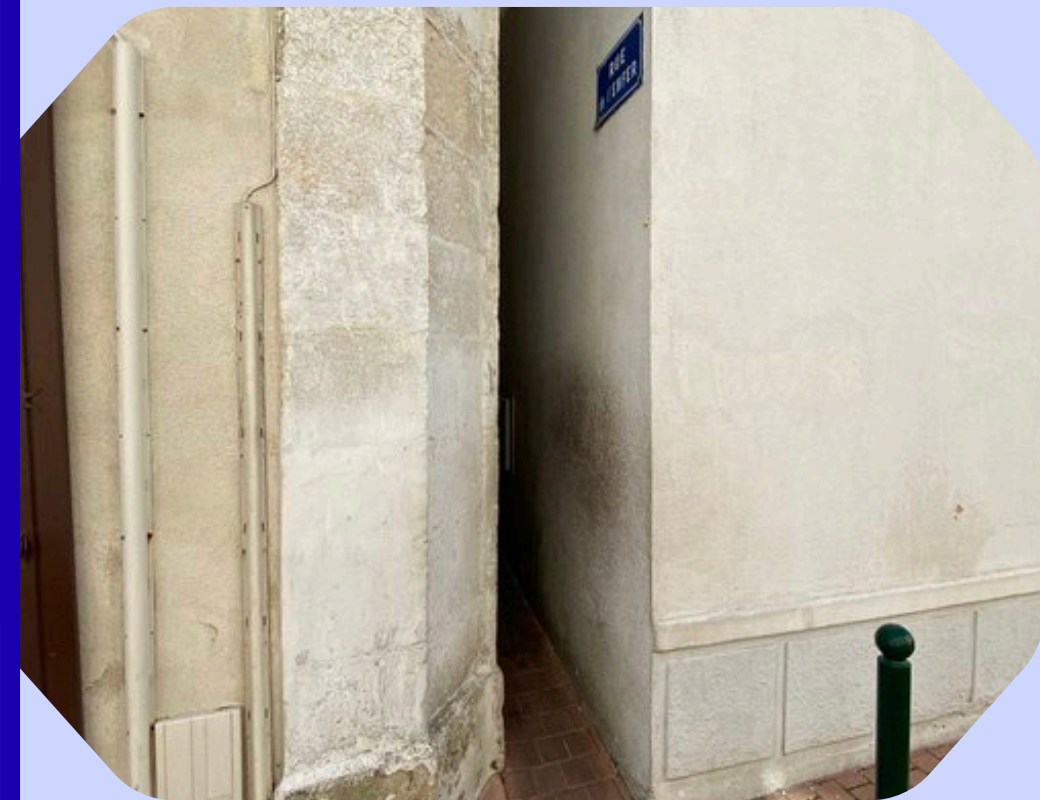
After lunch, we began our city tour.

TOUR

THE CITY

In the afternoon, together with our French friends, we took a tour of the city.

Rue de l'Enfer is the smallest street in the world. Its name means "street of hell."



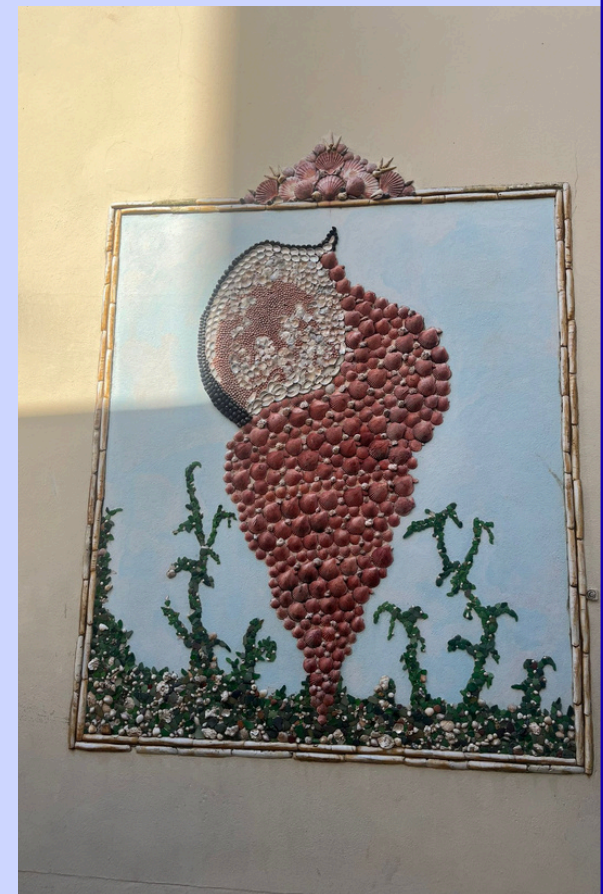
The Central Market was built in 1810 inspired by Eiffel.



The church of Notre Dame de Bon Port, also known as Notre Dam du Port, dates back to 1646 and is located a stone's throw from the beach in the pedestrian streets of Sables d'Olonne. Built in the 17th century, it retains a Gothic influence.



L'ILE PENOTTE is a charming neighborhood near the seafront with narrow streets, an artist Danielle Arnaud-Aubin has spent years decorating the walls of the houses with colorful shells



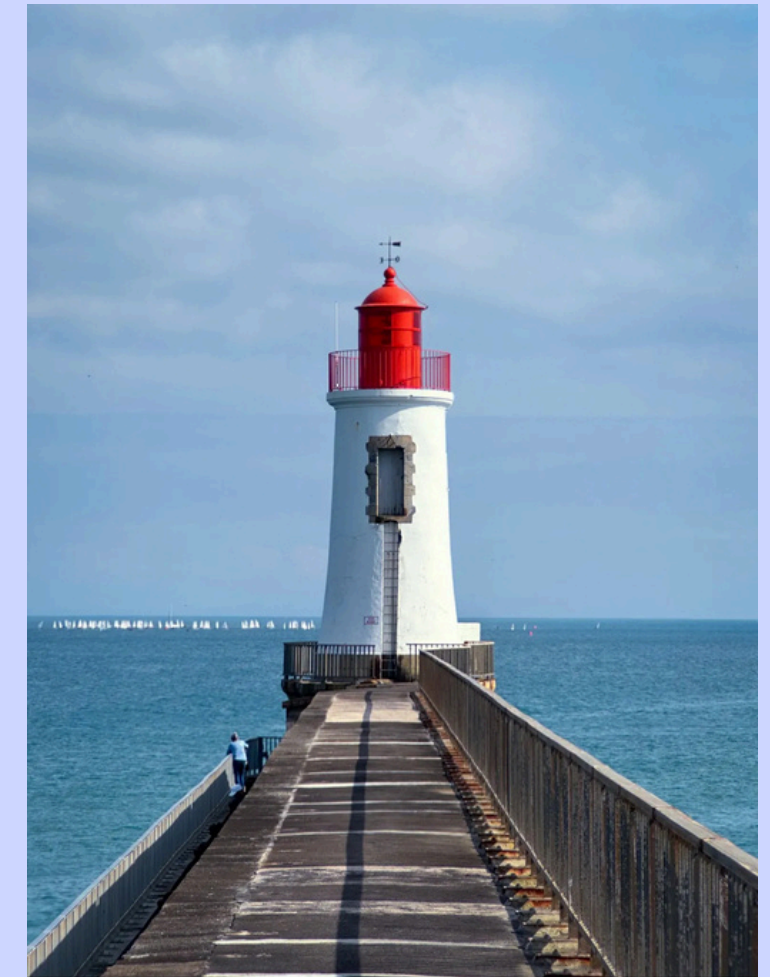
Les Sables d'Olonne is a beautiful coastal town located on the Atlantic coast of western France. It is part of the Vendée department in the Pays de la Loire region. LA REMBAI is the name given to the promenade along the vast beach, built to protect the town from the ocean.



The Clock Tower was built by Maurice Durant, in 1920 it is 24 metri high



Grosse Terre Lighthouse, the main lighthouse on the tip of Grand Fort visible from over 33 kilometers



The ferry replaces il taxi. It is called Le Passeurgrafo

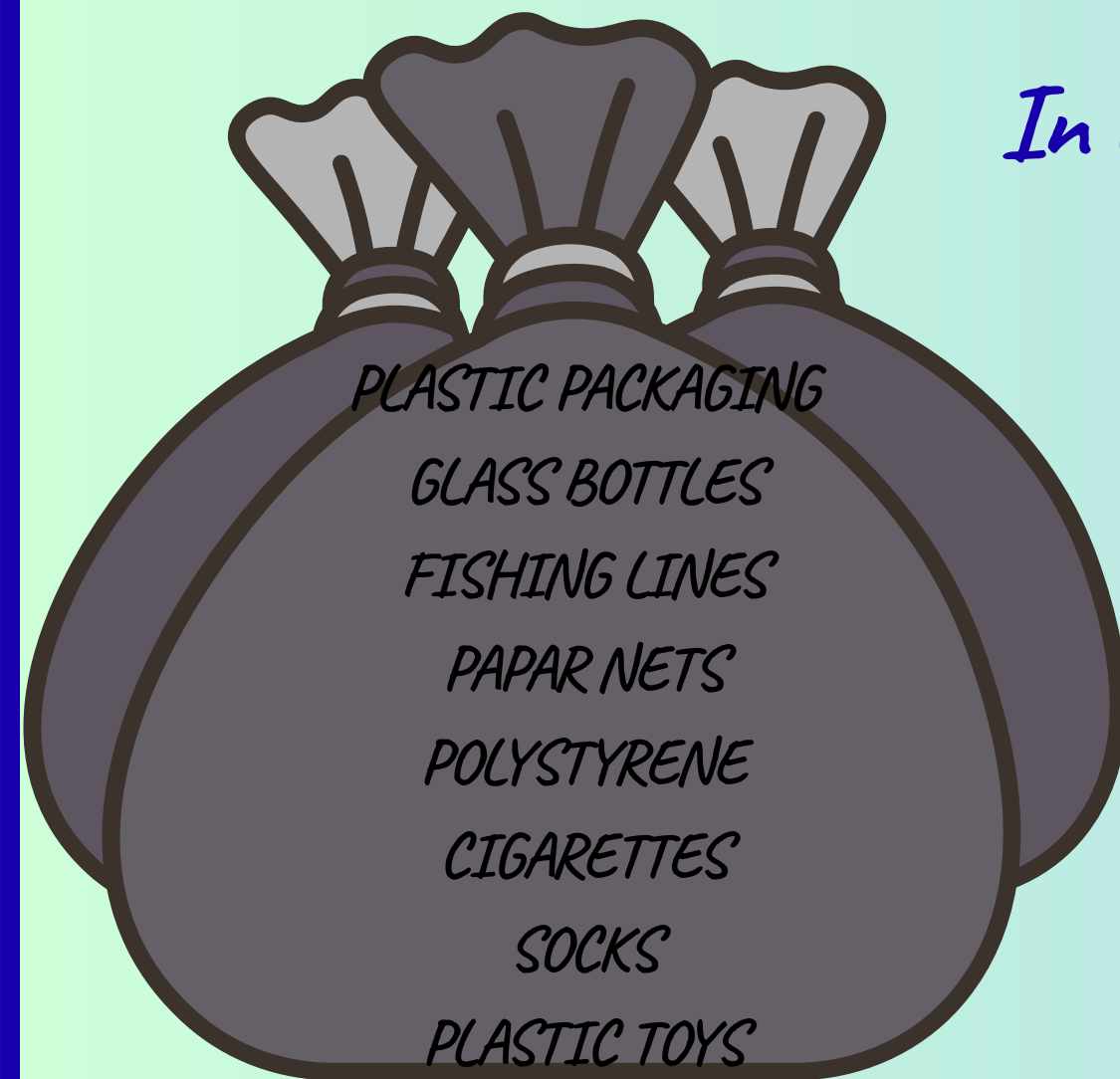


SECOND DAY

Our PLASTIC PLACE project begins...

We went to Paracou Beach and, using gloves and a bag, attempted to clean up a section of the beach from plastic. Once we were finished, we sorted the waste.

In total we collected about 10 kilos of waste

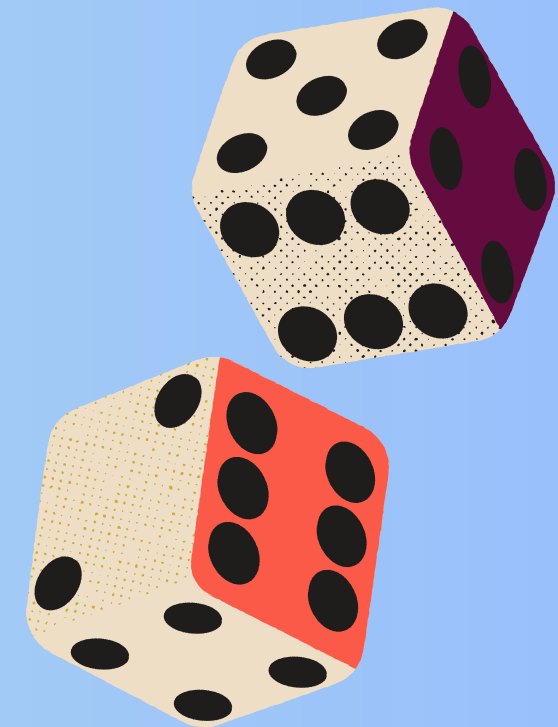




PIC NIC BREAK WITH NEW COMPANIONS



In the afternoon we returned to our hostel and shared moments of play, learning traditional board games.



THIRD DAY

After arriving at the college we organized ourselves to present our work on the Plastic Planet project in the various classrooms.



In the afternoon, we learned about the impact of pollution on the ocean.

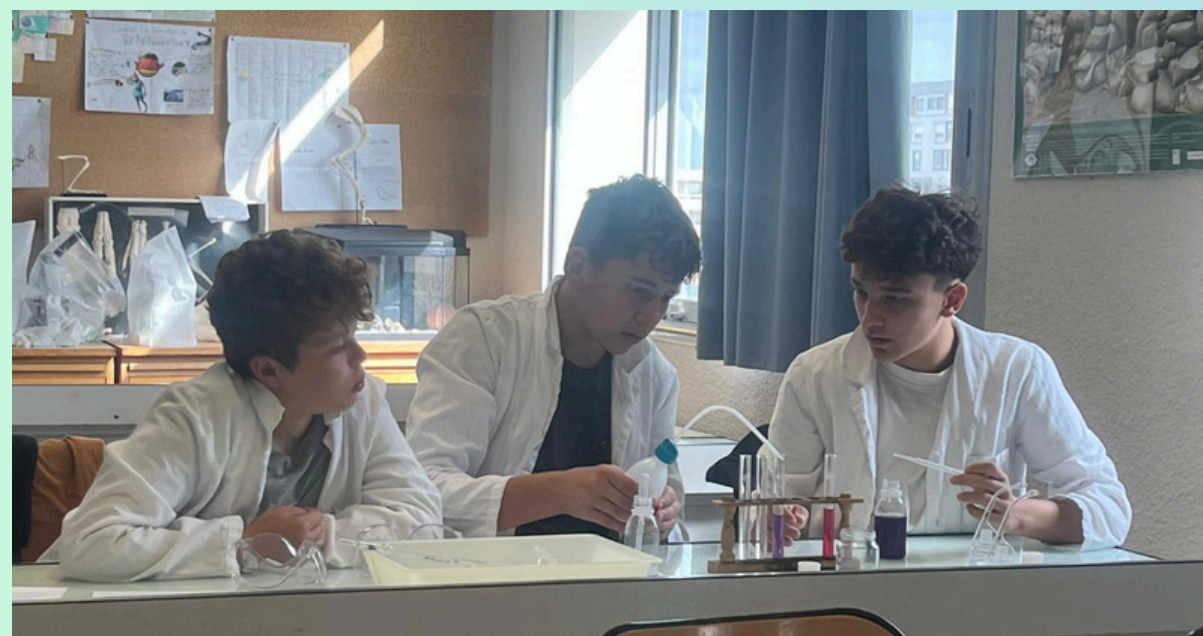
Right afterward, we tried surfing, and it was a thrilling experience.



LITTLE CHEMISTS

We then went to the College laboratories and performed some small experiments.

*"The Breathing Ocean"
objective is to demonstrate that carbon dioxide (CO_2) makes water more acidic.*



In the evening we met in the College with our French classmates and shared traditional Italian and French food.



Our journey is coming to an end...A farewell to the ocean



Italy we are coming back...



This experience was wonderful, exciting, full of adventures, discoveries, and new friendships.

I was able to communicate with my new French classmates in English, which was a great personal challenge. I stayed in touch with French boys and girls, and it's wonderful to hear from them every now and then.

We were welcomed warmly by all our classmates and teachers, who did their best to make us feel at ease.

If I really had to find a negative, it would be the food, but I think that's part of the adventure.

I hope all students try this wonderful experience at least once, which they will surely never forget... I thank everyone for this wonderful opportunity.